



2021-22 AQUINAS HIGH SCHOOL/MIDDLE SCHOOL EXTRACURRICULAR CODE

STATEMENT OF PHILOSOPHY

Participation in athletic activities is a privilege and should elicit great pride in both the student and his/her family. Extracurriculars provide unique opportunities for students to promote their mental, physical, social, and emotional development. By providing strong extracurricular experiences Aquinas Catholic Schools extends the privilege of enriching the mind and body to any student meeting system, Wisconsin Interscholastic Athletic Association (WIAA), and any applicable governing body's requirements. Participants who comply with this code of conduct demonstrate a desire to dedicate themselves to self-improvement as well as to enhance the best interests of fellow participants, teammates, advisors, coaches and school. If accepted, this privilege carries certain responsibilities, and this extra-curricular code presents these responsibilities.

GOALS

Extracurricular activities are an integral part of the high school experience. They are an extension of the school day and provide learning experiences beneficial to the student athletes participating. ACS extracurriculars have the following goals:

1. To develop leadership skills and responsibility.
2. To show team spirit, encourage others and contribute to positive morale.
3. To be fair and treat others as one wishes to be treated.
4. To keep commitments to team.
5. To offer an outlet for a wide variety of students' abilities and interests.
6. To treat all persons respectfully regardless of individual differences; to show respect for legitimate authority (e.g... Advisors, Coaches, Officials, Captains).
7. To accept responsibility to set a good example for teammates, peers, younger students, fans, and the school community.
8. To understand the necessity of abstaining from the use of alcohol, vaping, tobacco, and other drugs in order to achieve the positive benefits of interscholastic athletics.
9. To help student athletes realize that participation in interscholastic athletics is a privilege with accompanying responsibilities.
10. To generate a sense of pride and unity in extracurricular activities for students, staff and community.

ELIGIBILITY

These Rules of Eligibility are established by the Wisconsin Interscholastic Athletic Association (WIAA) and are supplemented with Aquinas Catholic School rules.

1. Enrollment in the ACS as a full-time student.
2. A current physical exam form or alternate year card to participate in activities as determined by a licensed physician.
3. An emergency medical form must be completed every year through the Online Activity Registration.
4. Code of conduct contract signed by the student and parent/guardian the Online Activity Registration.
5. Payment for or return of any school issued apparel or equipment.

WIAA GUIDELINES

1. An athlete must meet school and DPI requirements defining a full-time student.
2. An athlete must remain in good academic standing in order to compete in any sport.
3. An athlete must be an amateur in all recognized sports of the Wisconsin Interscholastic Athletic Association in order to compete in any sport.
4. An athlete may not receive any reimbursement for play in the form of salary, cash, or merchandise.
5. An athlete may not accept merchandise awards such as jackets, sweaters, watches, rings, billfolds, balls, etc.
6. An athlete may not permit the use of his/her name, picture, or personal appearance, as an athlete, in the promoting of any commercial endeavor.
7. An athlete may not play in a contest under a name other than his/her own.
8. An athlete may participate in a non-school contest in no more than two non-school competitions during the school season in the same respective sport. School approval is required per the Nonschool Competition Form.
9. An athlete shall be suspended from interscholastic athletics (competition) for acts at any time (including summer) involving buying, selling, use and/or possession of alcohol, tobacco, e-cigs or e-cig products, vaping, or other drugs.
10. An athlete may not compete if he/she becomes nineteen (19) before August 1st of any school year.

RESPONSIBILITIES

It is important to understand that participating in extracurricular activities is a privilege and not a right. You are also expected to share in the responsibility for such an opportunity that is provided, that shall include:

Responsibilities to You: The most important of these responsibilities is to broaden and develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences: to live a healthy lifestyle and to respect your health both physically and mentally at all times.

Responsibility to your Academic Studies: Your academic studies and your participation in athletics prepare you for your life as an adult. Extracurriculars, while very important to young people, is only a small part of life.

Responsibility to your School: Another responsibility you assume as a team member is to your school. Other students and faculty are watching you. They know who you are and what you do. Make them proud. Be an example. Do not do anything to let them down.

Responsibility to your Community: The community and school monies make your extracurricular experience possible. For that reason, we must remember that we hold a clear and paramount responsibility to our community. You assume a leadership role when you are involved in an extracurricular activity. The student body and citizens of the community know you. You are very visible with a spotlight on you. The student body, community, and other communities judge our schools by your conduct and attitude, both on and off the field, court, stage, etc.. Because of this leadership role, you can contribute significantly to school spirit and community pride. Our desire is that our students are a class act, not for the fact that we may be successful, but rather that we are known as a program of character and excellence.

Responsibility to Others: As a team member you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to that ideal. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability every day and that you have participated in the activity “all out”, you can keep your self-respect and your family can be justly proud of you, regardless of a win, loss or possible awards.

Responsibility to Younger Students: The younger students in our school and community are watching you. They know who you are and what you do. The upper-classmen are role models for the young students that will follow. Make them proud. They will copy you in many ways. Set good examples for them.

EXTRACURRICULARS

Since participation in extracurriculars is a privilege, when a student signs the code he/she is indicating their knowledge, understanding, and agreement to these Aquinas High School Code Standards which apply in and out of season for the remainder of his/her high school career. The following extracurriculars fall under the definition of participants as referenced in this code: Baseball, Basketball (B/G), Cross Country (B/G), Dance, Football, Golf (B/G), Gymnastics, Hockey (B/G), Music/Orchestra, Robotics, Soccer (B/G), Softball, Ski/Snowboard, Swimming (B/G), Tennis (B/G), Theater, Track & Field (B/G), Volleyball, Wrestling and any other clubs or activities sponsored by the school.

Behavior and Conduct: Respect, courtesy, manner, and good sportsmanship are basic to good citizenship and shall form the basis for all behavior. Since students represent the school in public, their behavior frequently determines the opinion outsiders have of the school and community. It is expected that the conduct of students will be exemplary at all times. Below is a list of some examples that are considered behavior unbecoming of a student.

- Detentions/Discipline Issues/Suspensions (In or Out Of)
- Unexcused Absences
- Academic Dishonesty
- Bullying/Cyberbullying/Harassment
- Vandalism or property destruction
- Poor sportsmanship including name calling, obscene gestures, and/or fighting

- Hazing/Initiation
- Engaging in or being an accomplice to any other immoral or unacceptable conduct contrary to the philosophy of the extracurricular code, the regulations within WIAA, or the ideals, principles and standards of ACS
- Theft

SCHOLASTIC ELIGIBILITY

The marking periods that will be used to determine eligibility related to grades are:

- 1st Quarter
- 2nd Quarter
- 3rd Quarter
- 4th Quarter

If a student receives a grade of F or an I (incomplete) in one course during a marking period, the student will be ineligible for 5 school days as they attempt to achieve a passing grade. If a student receives a combination of 2 F's or I (incomplete) the student will be ineligible for 15 school days as they attempt to achieve a passing grade. The student will start his/her ineligibility period, as soon as possible, following the posting of grades and the suspension will be served consecutively. At the conclusion of the 5 or 15 school day ineligibility period, based on the determined grade(s), the athlete will either regain immediate eligibility or have it continued as they attempt to achieve a passing grade. For marking period grades of I (Incomplete): Students, in consultation with their teacher(s) will have two weeks, following the posting of grades, to attempt to achieve a passing grade. The student will remain ineligible until the Incomplete is removed and a passing grade is achieved.

Ineligible student-athletes may practice with the group (including scrimmages), but may not participate in any competitions/events; they may not travel with the group. For home competitions/events they may be with the team/cast/etc. in street clothes.

A student who is ineligible (in accordance with the Aquinas High School Extracurricular Code) for one or more WIAA tournament competitions is disqualified for the remainder of the total tournament series in that sport.

SUSPENSION/EXPULSION FROM SCHOOL

Any student who is suspended (In or Out) or expelled from school shall be ineligible for all athletic participation including practices/events during the period of suspension or expulsion. They shall be eligible for practices/events when they are readmitted to school, unless the reason for suspension or expulsion was based on a violation of the athletic code.

CODE VIOLATIONS

All violations will be enforceable for the student's career on a year-round basis.

Any information or evidence considered to be relevant, valid, and accurate by any person(s) reviewing an alleged violation shall be considered. Parties who provide anonymous information will be asked to

provide specific names, dates, times, and infractions. If hearsay evidence cannot be substantiated based on subsequent investigation, it will be treated as rumor.

Type of Violation:

1. ATOD (Alcohol, Tobacco, Vaping and Other Drugs)

Any student involved in the use or possession of alcohol or tobacco or the use, possession, buying or selling of illegal drugs or banned performance enhancing substances shall be suspended from athletic competition.

a) This includes, but not limited to the following: Individuals involving alcohol, controlled substances, tobacco, e-cigs or e-cig product (even if not nicotine), vaping, anabolic-androgenic steroids, or any look-a-like products. This includes being present and/or knowing that there is consumption/use of alcohol, controlled substances, tobacco, e-cigs or e-cig products (even if not nicotine,) anabolic-androgenic steroids or look-a-like products. This also includes abuse of legal over the counter or prescription drugs and/or medication.

It is recognized that under certain circumstances high school students may legally enter places where beer or liquor is served. Since the intent of this code is not to punish student-athletes for association with friends or family or to curtail wholesome entertainment or employment, the following explanations are offered in an attempt to show the code's intent. It is fully recognized that these are only illustrative examples and each case involving like situations will, of necessity, have to be judged on its individual merits.

It shall be considered an ATOD violation of the athletic code when a student:

b) Is present at a party or gathering where alcohol and/or drugs (see description ATOD 1a) are being illegally consumed or dispensed and the student-athlete does not LEAVE IMMEDIATELY.

There may be a greater consequence for a student who is involved in the organization, facilitation, promotion, or hosting of any gathering or social event where alcohol or drugs were known to be available or used.

c) Violates any state law or local ordinance regarding the possession, purchase, sale or consumption of alcohol, tobacco, or other illegal substance.

2. Criminal

Any student who commits a legally punishable criminal act shall be suspended from extracurricular activities, whether or not the student is prosecuted by governmental authorities.

3. Other (behavior unbecoming of an AHS student)

a) Students are responsible for information contained in written or electronic transmission (e.g., e-mail) and any information posted on a public domain (e.g., internet, Instagram, Facebook, You Tube, Tik Tok, Twitter, Snapchat, Instagram). Students are not precluded from participation in such online social network sites; however, any student that is identified on a social networking site which depicts illegal or inappropriate behavior may be considered in violation of the extracurricular code.

b) Since there is no way to establish a timeframe for when or location of where the image was taken, it shall be a responsibility that the student must assume. It must be noted that there may be persons, who would attempt to implicate a student, by taking such images, to place them in a situation where they might be in violation of this code standard. This is our rationale for demanding that our student-athletes not place themselves in such environments.

Examples include but not limited to:

1. Unexcused absences
2. Academic dishonesty
3. Bullying/Cyberbullying/Harassment
4. Vandalism or property destruction
5. Poor sportsmanship including name calling, obscene gestures, and/or fighting.
6. Being suspended from school
7. Hazing/Initiation ceremony. Our school will not permit, nor will any student participate in any type of 'initiation ceremony' or hazing for any student at any time and on any level. This prohibition includes locker/shower pranks, etc.
8. Engaging in or being an accomplice to any other immoral or unacceptable conduct contrary to the philosophy of the extracurricular code, the regulations within WIAA, or the ideals, principles and standards of the ACS.
9. Possession and/or use of any "look alike" tobacco, vaping, drugs, paraphernalia or weapons. This includes being present and/or knowing that "look alike" tobacco, e-cigs or ecig products, vaping, drugs, paraphernalia, or weapons are being consumed, used, or dispensed. This also includes the abuse of legal over the counter or prescription drugs and/or medication.

CONSEQUENCES

1. ATOD Consequences

a. First Violation

Violator will be suspended from competition for 25 percent of the regular season scheduled contests in that activity (rounded up). A contest is defined according to the WIAA standard for maximum allowable contests (see Appendix B for suspension penalty chart). The student must undergo an initial Alcohol or Other Drug Abuse (AODA) screening performed by an outside agency. This may involve an expense on the part of the student. The student will provide administration written certification of completion and compliance with recommendations prior to any reinstatement of participation. The student will be allowed to practice with the group the following week after the suspension period begins. If less than 25 percent of the contests remain on the schedule, the remaining percentage of the suspension will carry over into the contests of the next activity in which the student participates.

b. Second Violation

Violator will be suspended from further athletic competition for 50 percent of the total number of the regular scheduled dates (rounded up) in which he/she is participating. The student must undergo an initial Alcohol or Other Drug Abuse (AODA) screening performed by an outside agency, along with any recommendations for a treatment or education program, which is prescribed by the assessors to

confront the behaviors of use/abuse. This may involve an expense on the part of the student. The student will provide administration written certification of completion and compliance with recommendations prior to any reinstatement of participation. The student will be allowed to practice with the group the following week after the suspension period begins. If less than 50 percent of the contests remain on the schedule, the remaining percentage of the suspension will carry over into the contests of the next activity in which the student participates.

c. Third and Subsequent Violations

The student must undergo, at his/her expense, an AODA assessment performed by a community-based health organization/AODA treatment agency, along with any treatment program, which is prescribed by the assessors to confront the continued behaviors of use/abuse. The student will provide administration written certification of completion of completion and compliance prior to any reinstatement of participation. The student will remain ineligible until one calendar year from the date of the imposition of the consequence.

Students who want assistance with ATOD concerns may self-refer to a school counselor who will facilitate arrangements confidentially for initial screening with appropriate personnel.

2. Criminal Violations

The suspension for criminal violations shall be determined by school officials.

3. Other (behavior unbecoming of a student athlete)

a. The suspension for behavior unbecoming of a student shall be determined by school officials.

b. Inappropriate use of social media allows for additional consequences.

4. Travel Expectations

a. Inappropriate behavior is unacceptable and will carry suitable consequences. If the inappropriate behavior becomes a significant problem and the student is not cooperating with expectations, the parent/guardian may be asked to come to the venue and pick up their child. This includes overnight trips.

5. Captaincy, Lettering and Award Expectations

a. A student that has one or more code violations may be prohibited from being a captain, lettering and/or receiving any awards at any level. This decision will be made by the coaches and building administration.

CODE VIOLATION SUSPENSIONS

When a suspension is assessed by the administrator and athletic director, a letter shall be sent to the parent(s)/guardian(s) informing them of the decision and the basis for it. In addition, a hard copy is provided to the building principal, athletic director, guidance counselor, and to the coaches/advisors of the activity he/she participates in.

In-Season Violation: Suspensions shall begin immediately upon determination that a violation has occurred.

Out-of-Season Violation: A suspension must be served in the next activity he/she chooses to participate in. The athlete must complete that sport season in good standing as determined by the coach/advisor in that activity. Failure to complete the entire season in good standing will result in the full suspension carrying forward into the next season.

ATTENDANCE AT AND AFTER SPORTING EVENTS OR EXTRA-CURRICULAR ACTIVITIES

A student must be in school by 10:50 to practice or compete or participate in a school event or attend any school function that day. If students go home sick, they are restricted from attending any school related event, even if they were here for five classes. These five classes include study halls and Lunch. No student should “sleep in” because they arrived home late the night before. Students are expected to attend the entire day of school, from 7:55 am to 3:05 pm, following any school related activity the previous day.

TRANSPORTATION POLICY

- o When transportation is provided by the school to a practice or contest, student-athletes are required to ride that transportation to the practice or contest.
- o If extenuating circumstances require a student to forego the school transportation to a practice or contest, it is the duty of the student to do the following:
 - § Receive permission from the Principal or Associate Principal to forego school transportation to the practice or contest no later than 24 hours in advance of the transportation departure time.
 - § Provide the high school office and the head coach with written parent/guardian consent to let their child forego transportation to the practice or contest.
- o When transportation is provided from the practice or contest back to Aquinas, student-athletes are required to ride that transportation back to Aquinas. If a student-athlete wishes to forego the transportation back to Aquinas, the student-athlete must provide the head coach written parent/guardian consent to let their child forego transportation from the practice or contest back to Aquinas. The written consent should include:
 - a. Student name
 - b. Parent/Guardian name giving consent for student-athlete to forego school transportation
 - c. Date
 - d. With whom the student-athlete will be riding home with
 - e. Signature of the parent/guardian
 - f. Signature of the person transporting the student-athlete home (if different than the parent/guardian)

Policy for Participating in Multiple School Sports During the Same Season

We believe that commitment is an important value to instill in our student-athletes. When someone joins a sports team at Aquinas, they commit to attending all practices and competitions for that sport that do not conflict with academic or religious activities. Aquinas does not recommend participation in multiple school sports at the same time, but will approve in rare situations. With this in mind, if a

student athlete wishes to participate in multiple school sports at the same time, they must do the following:

- o Declare a primary sport and a secondary sport. The primary sport will always take precedence to the secondary sport.
- o Set up an in person meeting with the Athletic Director and the head coaches of both sports. Both head coaches should bring the full schedules (practice and competitions) for their sports to the meeting. The schedules should be compared to see which practices and competitions for the secondary sport do not conflict with those of the primary sport. The student-athlete should then be given a full schedule of which practices and competitions they will attend for each sport. This schedule is subject to change as cancellations and reschedules happen. So if a primary sport competition gets rescheduled to a date and time that the student-athlete was scheduled to participate in a secondary sport competition, the student-athlete must participate in the primary sport competition that was rescheduled.
- o After review, the Athletic Director will make a final decision on if they will allow the student-athlete to participate in both sports or not.
- o Under no circumstance may the student-athlete attend a secondary sport practice or competition if it conflicts with a primary sport practice or competition.