

February 2023

Students: \$3.10 Adults: \$3.85

All meals include skim (white) or low-fat chocolate milk and salad/veggie bar.
All grain items are whole-grain rich ($\geq 51\%$ whole grain).

Monday	Tuesday	Wednesday	Thursday	Friday
Jan 30	Jan 31	Feb 1	Feb 2	Feb 3
Cheeseburger OR Hot Dog Potato wedges Carrots Pears Salad/veggie bar	Winter Fun Day All grades out of the building	Grilled Cheese OR Pizza burger Tom. soup/crackers Pineapple Salad/veggie bar	Pizza calzone OR Uncrustable Fresh fruit Broccoli Salad Salad/veggie bar	Cheese Tortellini OR Fish nuggets Broccoli, Dinner Roll Mandarin oranges Salad/Veggie Bar
Feb 6	Feb 7	Feb 8	Feb 9	Feb 10
Philly beef & cheese OR Corn Dog Carrots Applesauce Salad/Veggie Bar	Taco pizza OR Beef Soft taco Refried Beans, Corn Tortilla Chips Pears Taco topping bar	Baked Potato Bar OR Chicken Chili Broccoli Veggies & dip Mandarin oranges	BBQ chicken/bun OR Rib-E-Q/bun Baked Beans Fresh fruit Salad/veggie bar	NO SCHOOL
Feb 13	Feb 14	Feb 15	Feb 16	Feb 17
NO SCHOOL	Walking Taco Beef or Chicken Refried Beans, Corn Pears Taco topping bar	½ Ham Sandwich OR Chef Salad Chicken Noodle Soup Pineapple Salad/veggie bar	Meatballs & gravy OR Chicken & gravy Mashed Potatoes Dinner roll Peaches Salad/veggie bar	French toast sticks OR Cheese Omelet Tater tots, Biscuit Dragon Punch Fresh fruit/Veggie Bar
Feb 20	Feb 21	Feb 22	Feb 23	Feb 24
Cheeseburger OR Hot Dog Baked Beans Pears Salad/veggie bar	FAT TUESDAY Chicken Strip Po'Boy OR Popcorn Shrimp Po'Boy Cajun Corn Peaches Salad/Veggie Bar	ASH WEDNESDAY Cheese Pizza OR Bean & Cheese Enchilada Green Beans Fresh Fruit Salad/Veggie Bar	Baked Chicken OR Baked Ham Sweet potatoes, Dinner Roll Pineapple Salad/veggie bar	Mac and Cheese OR Fish Sandwich Broccoli Mandarin Oranges Salad/Veggie Bar
Feb 27	Feb 28	Mar 1	Mar 2	Mar 3
Chicken Nuggets OR Pepperoni pizza Mixed veg. Breadstick Applesauce Salad/veggie bar	Beef Fajita Bowl OR Taco Salad Brown rice, Black Beans, Corn Tortilla Chips Mixed Fruit Taco Topping Bar	Grilled Cheese OR Pizza burger Tom. soup/crackers Pineapple Salad/veggie bar	Pasta w/ Meat Sauce OR Chicken Alfredo Breadstick, Broccoli Peaches Salad/veggie bar	Mozzarella Dippers OR Fish Nuggets French Fries Pears Salad/Veggie Bar