

AQUINAS BLUGOLD



YOUTH WRESTLING CLUB



Whether you're brand new to wrestling or looking to enhance your skills, we invite you to come learn the fundamentals of wrestling in a fun and relaxed environment.

K-2nd Grade Boys & Girls

Dec 2 - Feb 24

Tuesdays 5:15 - 6:15PM

*What to bring: water bottle, athletic clothes,
positive attitude & willingness to learn*

Wrestling shoes & headgear not required

LOCATION

Aquinas Wrestling Facility

1501 St. Andrews St, La Crosse

COST

\$25

free t-shirt included!

REGISTER

aquinaswrestling.com/signup

OR scan QR code below:



Come support our varsity wrestling team!

Blugold Varsity Home Meets:

- 12/18 - vs. multiple schools - 6pm
- 12/19 - vs. Chatfield - 7:15pm
- 1/16 - Quad vs. multiple schools - 4:30pm

***No practice on snow days
or non-school days***