

Cathedral Elementary October Lunch Menu



Lunch menus can also be found on our school website

<https://www.aquinaschools.org/ces-home>

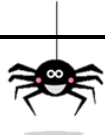
Look for: [CURRENT NEWS – LUNCH & SNACK MENUS](#)

Milk (skim white, skim chocolate) is included daily.

All grain items are whole-grain rich (>=51% whole grain).



Student Lunch is \$3.20/day (reduced \$0.40/day) Milk=\$0.40 (for cold lunch) Adult Price: \$4.05

September 29 1. Chicken Nuggets 2. Mini Corn Dogs Mixed Veggies Dinner Roll Fruit <i>Salad Bar</i>	September 30 1. Turkey Sandwich 2. Chef Salad w/ Dinner Roll **Chicken Noodle Soup w/ Crackers Green Beans Fruit <i>Salad Bar</i>	October 1 1. Chili w/ Bread Stick 2. Mozzarella Dippers w/ Marinara Sauce Broccoli Fruit <i>Salad Bar</i>	2 1. Hot Dog on Bun Corn Fruit <i>Salad Bar</i>	3 
6 1. Pepperoni Pizza 2. Turkey Sub Green Beans Fruit <i>Salad Bar</i>	7 1. Beef Soft Taco 2. Chicken Soft Taco **Brown Rice Corn Fruit <i>Salad Bar</i>	8 1. Grilled Cheese Sandwich 2. Hot Ham & Cheese Sandwich **Tomato Soup w/ Crackers Fruit, <i>Salad Bar</i>	9 1. Salisbury Steak 2. Chicken & Gravy **Mashed Potatoes Broccoli, Dinner Roll Fruit <i>Salad Bar</i>	10 1. Mac & Cheese w/ Break Stick 2. Toasted Ravioli w/ Marinara Sauce Peas, Fruit <i>Salad Bar</i>
13 1. Pancakes w/ Cheese Stick 2. Cheese Quesadillas **Hashbrown Fruit <i>Salad Bar</i>	14 1. Chicken Tenders 2. Mr. Ribb Sandwich Cucumbers Fruit <i>Salad Bar</i>	15 1. Hot Dog/Bun 2. Meatballs in Marinara w/ Bread Stick Green Beans, Fruit <i>Salad Bar</i>	16 1. Cheesy Bacon Chicken Wrap 2. Sloppy Joe w/Bun Carrots Fruit <i>Salad Bar</i>	17 1. Mozzarella Dippers w/ Marinara Sauce 2. Fish Nuggets Broccoli, Fruit <i>Salad Bar</i>
~2025 National School Lunch Week~ NEW MENU ITEMS (highlighted)				
20 1. Mini Corn Dogs 2. Ham & Cheese Sandwich Green Beans Fruit <i>Salad Bar</i>	21 1. Chicken Nuggets 2. Meatballs in Gravy **Buttered Noodles Corn Fruit <i>Salad Bar</i>	22 1. Turkey Sub 2. Pizza Burger Peas & Carrots Fruit <i>Salad Bar</i>	23 1. Cheeseburger/Bun 2. Chicken Patty/Bun Baked Beans Fruit <i>Salad Bar</i>	24 1. Cheese Pizza 2. Fish Sandwich Hot Carrots Fruit <i>Salad Bar</i>
27 1. Popcorn Chicken 2. Orange Chicken **Brown Rice Mixed Veggies Fruit <i>Salad Bar</i>	28 1. Beef Walking Taco 2. Chicken Walking Taco Refried Beans Fruit <i>Salad Bar</i>	29 1. Pulled Pork Sandwich 2. Meatball Sub Green Beans Fruit <i>Salad Bar</i>	30 1. French Toast Sticks w/Cheese Stick 2. Ham & Cheese Sandwich **Hashbrown Fruit <i>Salad Bar</i>	31   Happy Halloween

Menus are subject to change without notice. This institution is an equal opportunity provider.