

Cathedral Elementary November Lunch Menu

Lunch menus can also be found on our school website

aquinascatholicschools.org/ces-home

Look for: CURRENT NEWS--LUNCH & SNACK MENUS

Milk (skim white, skim chocolate) is included daily. All grain items are whole-grain rich ($\geq 51\%$ whole grain).

Student Lunch is \$3.20/day (reduced \$0.40/day) Milk is \$0.40 (w/ cold lunch) Adult Lunch is \$4.05

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 30 1. French Toast Sticks w/ Cheese Stick 2. Ham & Cheese Sandwich **Hashbrown Fruit <i>Salad Bar</i>	Oct 31  No School
3 1. Chicken Nuggets 2. Chef Salad Dinner Roll Mixed Veggies Fruit <i>Salad Bar</i>	4 1. Mini Corn Dogs 2. Chili w/ Corn Bread Green Beans Fruit <i>Salad Bar</i>	5 1. Spaghetti w/ Meat Sauce 2. Chicken Alfredo w/ Pasta Bread Stick, Peas Fruit <i>Salad Bar</i>	6 1. Hot Dog w/ Bun Baked Beans Fruit <i>Salad Bar</i>	7 1. Fish Sticks w/ Bread Slice 2. Cheese Quesadillas Corn Fruit <i>Salad Bar</i>
10 1. Pepperoni Pizza 2. Meatball Sub Carrots Fruit <i>Salad Bar</i>	11 1. Beef Soft Taco 2. Chicken Soft Taco **Brown Rice Corn Fruit <i>Salad Bar</i>	12 1. Grilled Cheese Sandwich 2. Hot Ham & Cheese Sandwich **Tomato Soup w/ Crackers, Fruit <i>Salad Bar</i>	13 1. Salisbury Steak 2. Chicken & Gravy **Mashed Potatoes Broccoli, Dinner Roll Fruit <i>Salad Bar</i>	14 1. Toasted Ravioli w/ Marinara Sauce 2. Mac & Cheese Bread Stick Green Beans Fruit <i>Salad Bar</i>
17 1. Pancakes w/ Cheese Stick 2. Turkey & Cheese Sandwich ** Hash Brown Fruit <i>Salad Bar</i>	18 1. Chicken Sandwich 2. Mr. Ribb w/ Bun Baked Beans Fruit <i>Salad Bar</i>	19 1. Hot Dog w/ Bun Corn Fruit <i>Salad Bar</i>	20 1. Baked Ham 2. Roast Turkey **Mashed Potatoes Green Beans, Dinner Roll, Fruit <i>Salad Bar</i>	21 1. Mozzarella Dippers w/ Marinara Sauce 2. Fish Sandwich Broccoli Fruit <i>Salad Bar</i>
24 1. Cheese Pizza 2. French Toast Sticks w/ Cheese Stick Cucumbers Fruit <i>Salad Bar</i>	25 1. Chicken Tenders 2. Meatballs w/ Gravy **Buttered Noodles Corn Fruit <i>Salad Bar</i>	 Thanksgiving Break No School 		

Menus are subject to change without notice. This institution is an equal opportunity provider.