

# Aquinas Schools Food For Thought



**Don't forget that Breakfast is the most important meal of the day!** You can make online payments by logging to your Skyward account and under the food service tab and you can add funds to your child's account. If making payments at the school be sure to put your name and student number on your check or envelope, and put in the payment box (located on the kitchen door). **Please be sure to have funds in your child's account. No charging!**

**I will be on Vacation Jan 17-24 during this time accounts will not be shut off because I will not be here to enter the payments. Payments will be entered and any negative accounts will be shut off on the 25<sup>th</sup>**

Thank You,

Chartwells Staff

## January 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	<b>NO SCHOOL</b>	3	Orange Chicken Rice Fruit	4	French Toast Sausage Fruit	5	Chicken Nuggets Mashed Potatoes & Gravy Corn	6	Pizza Breadstick Fruit
9	Chicken Wrap Chips Fruit	10	Spaghetti & Meat Sauce Breadstick Green Beans	11	Pork Roast Mashed Potatoes & Gravy Corn	12	Mac & Cheese Breadstick Green Beans	13	Popcorn Chicken Buttered Noodles Corn
16	<b>NO SCHOOL</b>	17	Orange Chicken Rice Fruit	18	Hotdish Breadstick Green Beans	19	Soft Shell Taco Churro Fruit	20	Pizza Breadstick Fruit
23	Chicken Sandwich Chips Fruit	24	Chicken Nuggets Mashed Potatoes & Gravy Corn	25	Hot Dog Tots Fruit	26	Pizza Breadstick Fruit	27	Swedish Meatballs Mashed Potatoes & Gravy Green Beans
30	Hotdish Breadstick Fruit	31	Orange Chicken Rice Fruit						

**\*Menu subject to change\***