



## **Aquinas Athletics**

314 11th STREET SOUTH • LA CROSSE, WI 54601 • PHONE (608) 784-0287 • FAX (608) 782-8851

### **AQUINAS MIDDLE SCHOOL TRACK AND FIELD**

**PRACTICES:** 3:15-4:45 at AHS beginning March 27th  
\*Practice will always start in the cafeteria unless otherwise specified  
All Mondays-Friday except on meet days  
No practices on Saturdays, Sundays or non school days

**NO PRACTICES:** There will not be practices on the following days:  
April 6th - NO SCHOOL - Holy Thursday  
April 7th - NO SCHOOL - Good Friday  
April 10th - NO SCHOOL - Easter Monday  
April 28th - NO SCHOOL

**HOME MEETS** - NEED VOLUNTEERS - SIGN UP SHEET  
We will need several volunteers to help run our two "home" meets:  
Tuesday April 18th - at Central  
Thursday, April 27th - at Onalaska

**PICTURES** - Team pictures will be taken on Friday, April 14th

**Head Coach:**

Eric Rodd [eric.rodd@aquinasschools.org](mailto:eric.rodd@aquinasschools.org) (262) 305-9629

**Assistant Coaches:**

Howie Newbauer [howardn6483@gmail.com](mailto:howardn6483@gmail.com) (262) 343-3720

Corey Walbrun [coreywalbrun@gmail.com](mailto:coreywalbrun@gmail.com) (920) 422-4413

Emory Weeden [eweeden23@gmail.com](mailto:eweeden23@gmail.com) (414) 750-2286

Daniel Krull [dankrull31@gmail.com](mailto:dankrull31@gmail.com) (920) 595-0540

**AMS ATHLETIC DEPARTMENT CONTACTS:**

Pam Donarski (608) 792-1995- [pam.donarski@aquinasschools.org](mailto:pam.donarski@aquinasschools.org)

Mike Dee - [mike.dee@aquinasschools.org](mailto:mike.dee@aquinasschools.org)

**MEET SCHEDULE:** you can find the meet schedule on the 3riverswi.org website...

[https://www.3riverswi.org/g5-bin/client.cgi?cwellOnly=1&G5statusflag=view&schoolname=&school\\_id=57&G5button=13&G5genie=41&vw\\_schoolyear=1&vw\\_agl=1694-2-2038,&manual\\_access=1](https://www.3riverswi.org/g5-bin/client.cgi?cwellOnly=1&G5statusflag=view&schoolname=&school_id=57&G5button=13&G5genie=41&vw_schoolyear=1&vw_agl=1694-2-2038,&manual_access=1)

Thursday, April 13th	AT Onalaska
Tuesday, April 18th	*HOME MEET at Central
Thursday, April 27th	*HOME MEET at Onalaska
Thursday, May 4th	AT Logan
Tuesday, May 9th	AT Sparta
Monday, May 15th	AT Onalaska
Friday, May 19th	CONFERENCE MEET AT Central

When a bus is provided students **MUST** ride the bus **TO** the game.

If you choose to bring your child home **FROM** the game - you must fill out a **TRAVEL RELEASE** form (for the whole season that we will keep on file in the Athletics office) - and then you would sign out your child with your coach after the game.

Travel Release Form:

[https://www.aquinaschools.org/\\_files/ugd/0fe2f8\\_0e8e28a6a4ca47babda1b296b80a6360.pdf](https://www.aquinaschools.org/_files/ugd/0fe2f8_0e8e28a6a4ca47babda1b296b80a6360.pdf)

\*You must be registered online at the Aquinas Activities registration, have an up to date physical on file, and have submitted your athletic code agreement form prior to participation in any sport.

Online registration: <https://aquinasatholic-ar.schooltoday.com/>

Athletic Code Agreement form:

[https://www.aquinaschools.org/\\_files/ugd/0fe2f8\\_c5e69fdcaa93408597e9a2908a324b2f.pdf](https://www.aquinaschools.org/_files/ugd/0fe2f8_c5e69fdcaa93408597e9a2908a324b2f.pdf)

# TRAVEL RELEASE FORM

*Aquinas Catholic Schools*

Student Name \_\_\_\_\_ Parents/Legal Guardians \_\_\_\_\_

As parents/legal guardians of this student-athlete of a middle school or high school of the Diocese of La Crosse, I certify that the student has my permission

**NOT TO RIDE SCHOOL TRANSPORTATION ...**

Check One:

TO



FROM

BOTH WAYS

the AMS track season 2022-2023 contest  
or practice \_\_\_\_\_ at \_\_\_\_\_  
Date School, City, or Other Place

I certify that I am personally transporting the above-named student or have arranged for transportation with another licensed and insured adult (non-student).

I agree to release the Aquinas Catholic Schools and the Diocese of La Crosse and their employees and officers from all liability with reference to the above stated transportation request.

Date \_\_\_\_\_ Parents/Legal Guardians Signatures \_\_\_\_\_

Advisor/Coach Signature *Eric Padd*

**\*\*Note: This form must be on file at the School in advance of the event or provided to the head coach at the event by the parent/legal guardian of the student-athlete(s) to whom the form applies.**