

Breakfast - October 2026

Cold cereal available upon request
 **To-go breakfast available after 7:15 for students to eat in their classroom

Skim white or chocolate milk or 100% juice available with meal

All grain items are whole-grain (WG) rich (≥51% whole grain)

Student - \$2.05 Adult - \$2.55

Menus are subject to change without notice. This institution is an equal opportunity provider

Oct 5	Oct 6	Oct 7	Oct 8	Oct 9
Breakfast Pizza WG muffin Fruit Juice/Milk	Breakfast Sandwich Fruit Juice/Milk	Apple Frudel Yogurt Fruit Juice/Milk	Waffle Sticks Sausage Fruit Juice/Milk	Cheese Omelet Tater Tots Fruit Juice/Milk
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Cereal OR Inst. Oatmeal Nutrigrain Bar Fruit Juice/Milk	Breakfast Tornado Yogurt Fruit Juice/Milk	Bagel w/cr. cheese Graham Crackers Fruit Juice/Milk	Scrambled Eggs WG Pretzel w/cheese Fruit Juice/Milk	Fruit & Yogurt Parfait Granola, Muffin Fruit Juice/Milk
Oct 19	Oct 20	Oct 21	Oct 22	Oct 23
Mini Corn Dogs Fruit Juice/Milk	French Toast Sticks Fruit Juice/Milk	Cinnamon Roll Yogurt Fruit Juice/Milk	WG Biscuit Sausage Gravy Tater Tots Fruit Juice/Milk	Cereal WG Muffin Fruit Juice/Milk
Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
Breakfast Pizza Granola Bar Fruit Juice/Milk	Breakfast Sandwich Fruit Juice/Milk	Apple Frudel Yogurt Fruit Juice/Milk	Choc. Chip Pancakes Fruit Juice/Milk	NO SCHOOL
Nov 2	Nov 3	Nov 4	Nov 5	Nov 6
Cereal or Oatmeal WG Muffin Fruit Juice/Milk	Breakfast Tornado Yogurt Fruit Juice/Milk	Bagel w/cr. cheese Granola Bar Fruit Juice/Milk	Waffle Sticks Sausage Fruit Juice/Milk	Cheese Omelet Tater Tots Fruit Juice/Milk