

**BLUE & GOLD
PASSING LEAGUE**

Application & Consent Form

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____

Cell Phone _____

Grade for 22-23 School Year _____

Amount Enclosed _____

Registration Fee: \$25/athlete

(please complete a separate form for each player for our record keeping)

MAKE CHECKS PAYABLE TO:

Blugold Football Camp
315 South 11th Street
La Crosse, WI 54601
Attn: Coach Lee

This applicant has my consent and approval to participate in the Passing League. Aquinas, Coach Lee, and the coaching staff will not be held responsible for any injuries that may occur.

Parent/Guardian Signature

Date



Blugold Football Camp
Passing League
Attn: Coach Lee
315 South 11th Street
La Crosse, WI 54601



Blue and Gold
**Passing
League**

**For players going into
1st -8th grades**

Only 1 hour per week



**A SAFE AND FUN WAY
FOR BOYS & GIRLS TO
LEARN THE GAME**

League Philosophy

- Blue and Gold Passing League is a **non-contact, flag football** passing league designed to teach the sport of football in a safe environment.
- Each session will begin with an active warm-up, then a brief fundamental instructional period. This may include throwing mechanics, catching drills, route running, defensive technique, pass defense strategies, basic offensive schemes and other skills used in the pass game.
- Players will then have opportunities to participate in a 7-on-7 passing game.
- Our goal is to have every participant have a fun, safe, positive experience in which he or she learns the value of cooperation and hard work. We want them to leave with a better understanding of the sport and to have a love for the game.

Blue & Gold Passing League will meet at the Holy Cross Athletic Complex located behind Shelby Mall.

League will be held on the following dates:

Wednesday, June 8

Wednesday, June 15

Wednesday, June 22

Wednesday, June 29

Wednesday, July 6

PLAYERS WILL BE GROUPED BY AGE

Times

Grades 7,8—9:00am-10:00am

Grades 4,5,6—10:15am-11:15pm

Grades 1,2,3—11:30pm-12:30pm

What should players bring?

- Campers should dress in shorts & t-shirts.
- Cleats are optimal footwear for our grass surface. Gym shoes are also acceptable.
- A personal water bottle
- Receiver gloves (*optional*)
- Players may wish to wear sunscreen

What we will provide:

- All footballs, jerseys, flags and any other game equipment
- A water station for hydration

All campers are required to provide their own health insurance

