



Player's
Name: _____

School: _____

Grade in fall of 2024:

Address:

City: _____
_____ State:

_____ Zip:
_____ Parent/Guardian

Name:

Daytime Phone #:

Emergency Phone #:

Email:

T-shirt Size (please circle)

Youth: S M L or Adult: S M L

Total Enclosed: _____

This application has my consent and approval. Aquinas High School and the coaching staff will not be held responsible for injuries that may occur during Blugold Volleyball Camp.

Parent or Guardian Signature & Date

**Aquinas High
School**

Please return registrations to

**Aquinas High School Office,
315 South 11th Street
La Crosse, WI 54601
c/o Danielle Dolan**

***Checks can be made out to
AHS.***

**Aquinas High
School**

Blugold Volleyball Camp

July 7th-9th, 2025

**AHS Reinhart
Athletic Complex**



CAMP INFORMATION

Incoming Grades 5 & 6

12:30 pm - 1:30 pm

Incoming Grades 7 & 8

1:30pm - 3:00 pm

- Cost for camp is \$60 per player.
- If your family has more than one camper, cost is \$40 for each additional camper.

In order to guarantee a camp t-shirt, you must register before June 1st.

- Camp Check-in begins 15 minutes before each session.
- Participants should wear athletic attire and shoes. Kneepads are recommended.

If you have any questions or concerns please feel free to contact:

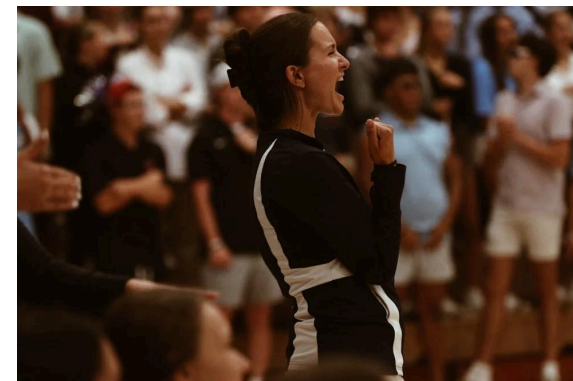
Coach Dani Dolan at
danimado4@gmail.com

The Blugold Volleyball Camp provides an opportunity for girls (incoming) grades 5 – 8 to work with the Aquinas High School coaching staff and players. Camp will focus on teamwork and skill development, but each age group will have a specific focus:

Grades 5 and 6: The focus in this age group will be to introduce basic volleyball skills and give them an opportunity to play. This group will work with ball control drills that allow them to have a bit of a competitive environment, but are also a lot of fun!

Grades 7 and 8: This age group will be focusing on the finer points of the game including competitive and cooperative play, offensive and defensive strategies, and the value of serve/pass. Lots of fun will be had!

COACH DANI DOLAN



Coach Dani Dolan is entering her second year as head coach of Aquinas volleyball after leading the Lady Blugolds to an MVC Championship and to the WIAA Division 3 State Championship game. The team came home with the second silver ball in program history. Coach Dani coached at the JV level for the two years before taking over the program in 2024. Coach Dani graduated from Aquinas in 2017 and played for Aquinas throughout her high school career. Coach Dani also played 2 years of collegiate volleyball at St. Norbert College, as well as coached freshman at Ashwaubenon High School.

Coach Dani is excited to welcome the future of Aquinas volleyball for an all skills camp. This camp will provide all around skills in a fun and energetic environment. Coach Dani believes in a positive and encouraging environment to build not only volleyball skills, but good sportsmanship.