

APPLICATION

Player's Name: _____

School: _____

Grade in fall of 2019: _____

Address: _____

City: _____

State: _____ Zip: _____

Parent/Guardian Name: _____

Daytime Phone #: _____

Emergency Phone #: _____

Email: _____

T-shirt Size (please circle)

Youth: S M L or Adult: S M L

Total Enclosed: _____

This application has my consent and approval. Aquinas High School and the coaching staff will not be held responsible for injuries that may occur during Blugold Volleyball Camp.

Parent or Guardian Signature & Date

Please return registrations to

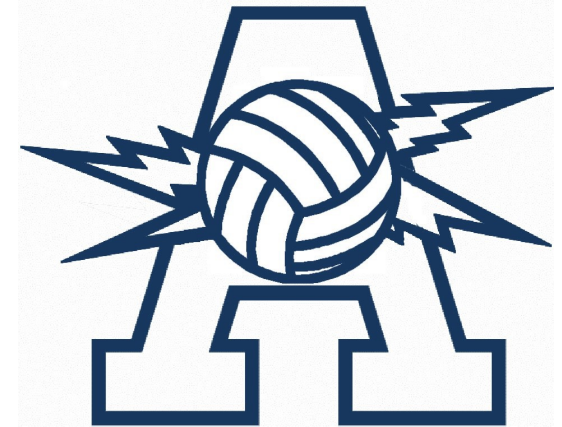
Aquinas High School Office,
315 South 11th Street
La Crosse, WI 54601
c/o Nellie George

Checks can be made out to
Aquinas VBC.



Aquinas High School Blugold Volleyball Camp

June 28th – 30th, 2022



**AHS Reinhart Athletic
Complex**



CAMP INFORMATION

Incoming Grades 5, & 6

12:30 pm - 1:30 pm

Incoming Grades 7 & 8

1:30pm - 3:00 pm

- Cost for camp is \$50 per player.
- If your family has more than one camper, cost is \$35 for each additional camper.

In order to guarantee a camp t-shirt, you must register before June 1st.

- Camp Check-in begins 15 minutes before each session.
- Participants should wear athletic attire and have a pair of kneepads.

If you have any questions or concerns please feel free to contact:

Coach Nellie George at
Nellie@2brotherspowersports.com

The Blugold Volleyball Camp provides an opportunity for girls (incoming) grades 5 – 8 to work with the Aquinas High School coaching staff and players. Camp will focus on teamwork and skill development, but each age group will have a specific focus:

Grades 5 and 6: The focus in this age group will be to introduce basic volleyball skills and give them an opportunity to play. This group will work with ball control drills that allow them to have a bit of a competitive environment, but are also a lot of fun!

Grades 7 and 8: This age group will be focusing on the finer points of the game including competitive and cooperative play, offensive and defensive strategies, and the value of serve/pass. Lots of fun will be had!



Coach George is entering her sixth year at the helm of the Lady Blugold program, and entering her tenth year in total. Her teams have earned the Conference Champions title in many of those years. The Lady Blugolds consistently have players at the top of the conference, garnering Player of the Year, First Team and Second Team honors as well as All-State Honorable Mention recognition. Being a Blugold volleyball player means you hold yourself and your teammates to a high standard both on and off the court. Those standards are reflected in team and individual successes and awards.

Coach believes in hard work, solid fundamentals and teamwork! She believes in providing a positive environment that allows players to learn and be challenged in their skill development. This camp is meant to guide young players to further their knowledge of the game and advance their skills. The goal of this camp is to give our future Blugolds a taste of what it is like to have fun in our gym and provide them with a love of the game.